

# College Park Family Care Center

## PRODUCTS TO AVOID PRIOR TO AND AFTER SURGERY

Avoid all products that contain Aspirin, Ibuprofen, or Naproxen. Specifically, stop taking these products one week prior to preop labs, surgery, and in most cases, for one week after surgery. Always read your medicine bottle for ingredients. The following is a list of some prescription and Over-the-Counter (OTC) meds you should avoid. It does not list every medication that might need to be avoided.

### NONSTEROIDAL ANTI-INFLAMMATORY AGENTS:

Ansaid (flurbiprofen) Anthropan (choline salicylate) Butazolidin (phenylbutazone) Clinoril (sulindac) Daypro Dolobid (diflunisal) Feldene (piroxicam)	Indocin (indomethacin) Lodine (etodolac) Meclomen (meclofenamate) Nalfon (fenoprofen) Naprosyn, Anaprox (naproxen) Orudis (ketoprofen) Ponstel (mefenamed acid)	Relafen (nabumetone) Sodium P.A.S. (aminosalicylate sodium) Trilisate (choline magnesium salicylate) Toradol (ketorolac) Tolectin (tolmetin) Voltaren (diclofenac)
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### PAIN RELIEVERS:

Addapin Adult Analgesic Pain Reliever Advil (Ibuprofen) Aleve (Naproxen) Alka-Setzler Extra Strength or Flavored Anacin Caplets and Tablets Anaval Anodynos Arthritis Pain Formula Arthropan A.S.A. Enseals, Suppositories, or Pulvules Ascriptin and Ascriptin AD Aspercin Aspergum Aspermin Aspirin (buffered, children's, and suppositories) Aspirin Bayer 8-hour Timed Release BC Tablet and Powder Buffaprin	Buffasal Bufferin Buffets II Buffex Buffinol Cama Arthritis Pain Reliever Cope Damason-P Dasin Doan's Pills Dolcin Duradyne Ecotrin Emagrin Empirin Encaprin Excedrin Easprin Gemnisyn Genpril Gensan Goody's tab/powder Haltran	Ibuprin Ibu-Tab Magnaprin Measurin Medipren Menadol Midol Momentum Motrin-IB Neogesic Norwich Aspirin Nuprin Caplets and Tablets Pac Pamprin-IB Pain Reliever Tablets Panodsynes Analgesic Pediaprofen Percodan (Codoxy, Roxiprin) Plavix Presalin Rufen Salbuff Salatin Capsules	Saleto Salocol Stanback Powder St. Joseph Aspirin Supac Synalgos & Synalgos-DC Tenol-Plus Trendar Trigesic Tri-Pain Caplets Ultraprin Uni-Pro Valesin Valprin Vanquish caplet Verin Wesprin Zorprin
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### COLD/COUGH/ ALLERGY:

Alka Seltzer Alka Seltzer Plus Cold Alka Seltzer Plus Night-time Cold	Bayer's Children's Cold Co Advil Drinophen	Fiogesic Sine-off Sinus Medicine Ursinus Inlay-Tabs	4-Way Cold Tablets
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### DIETARY/ HERBAL SUPPLEMENTS:

The following dietary supplements may pose "a serious risk" if taken before surgery. You must stop taking these herbal supplements at least two weeks before surgery:

Feverfew	Ginko Biloboa	Ginseng	St. John's Wort	Metabolife	Vitamin E	Meridia
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If you are presently taking any blood thinning agents or anti-arthritis medications not on this list, please notify us. Call your pharmacy with any questions you may have.